

Our Lady of Lourdes CATHOLIC CHURCH, RIVONIA

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Bank Details: Standard Bank Acc No. 220041059

Parish Priest: Rev. Fr. Paul Beukes OMI

1st Sunday of Lent, Year C



"Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil." Luke 4:1

MASS TIMES

WEEKDAY MASS TIMES

Monday: 08h00 Tuesday: 06h30 Wednesday: 08h00 Thursday: 08h00

DURING THE LENTEN SEASON

Friday 17h00 Stations of the Cross followed by Holy Mass at 18h00 Confession from 17h00 to 17h50

WEEKEND MASS TIMES

Saturday: 17h30

Sunday: 07h30, 09h30, 17h30

CONFESSION:

Saturday: 10h00 - 11h00

ADORATION CHAPEL TIMES

Dailu: 07h00-18h00



Remember to keep Pope Francis in your Prayers

Send Your Spirit of healing Lord, that You may accompany our shepherd Pope Francis in his illness. As he endures pain and discomfort, give him strength and peace. Through Your Son, Jesus, the great healer of all, we pray. AMEN.

Prayer Intentions



Please pray for the sick and those in need of prayers:

Damian McLeish Francis Brown Geraldine Storey Verena Ballhausen Kenny Nkabinde Brian Jefferies Barbara Klopper

Lenten

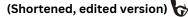
Fasting & Abstinence

The forty days of fasting before Easter incudes every day of Lent except Sundays, beginning on Ash Wednesday and ending on Holy Saturday inclusive. Thus, there are forty-six days of Lent (including Good Friday and Holy Saturday), but only forty fast days since Sundays are excluded. When fasting, a person is permitted to eat one small meal that is not equal to a full meal.

Reflection....

Lent calls us back to living compassionately, not just praising the idea of it. To do this, we return to the compassion of God so beautifully mirrored in the teaching and ministry of Jesus. This compassion is more than an apt description; it is a way of life in which one truly embraces the suffering of another with genuine kindness, mercy, and unselfish care.

Jubilee Prayer



May the grace of the Jubilee reawaken in us,
Pilgrims of Hope,
a yearning for the treasures
of heaven.
May that same grace spread

the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.

Pilgrims of Hope



Taste and see that the Lord is good; blessed is the one who takes refuge in him. Fear the Lord, you his holy people, for those who fear him lack nothing. The lions may grow weak and hungry, but those who seek the Lord lack no good thing. Psalm 34: 8-10

Parish Notices

During Lent the **Second Collection** is for the Bishop's Lenten Appeal. Envelopes are available at the back of the church.

Catechism Classes are on Sundays at 08h30 **Confirmation Classes** on Mondays at 18h00.

SSVP is hosting a **Mental Health Awareness Seminar** on Saturday 15 March from 10 am to 3 pm. This seminar aims to talk about depression, stress, and all mental health issues and to assist in learning some stress coping techniques. All are welcome. Please see the SSVP representative after Mass or contact the Parish Office.

RCIA (Adult enquiry class) - If you are interested in joining RCIA please register on the parish website to join the next group.

Lenten Programme: "**Lord**, **Teach me to Pray.**" Is a six week programme exploring the many different ways to pray. Commencing Tuesday, 11 March from 18h30 – 20h00 (in the St Mary's hall). Please take a fluer for more information.

Parish Pastoral Council (PPC) Election

During the month of March we will be having PPC Elections. Nominations for members to be elected to the PPC will be opening soon. This is a wonderful opportunity for members of our parish to get involved and help shape the future of our Parish.

"Dress for Dreams" aims to provide free secondhand formal attire to help create a memorable Matric Dance. For more details see the parish website. Donations can be handed in at the Parish office.

(1) Welcome to any new Parishioners

To register please go to

www.rivoniacatholic.co.za
Monthly Stewardship can be paid by
EFT, monthly debit order or by the
card machine in the Repository.
Please contact the Parish Office
(011) 803 1229



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